## Five Ps Reference Cards

## **Trim Instructions**

For best results, print on 110 lb or similar smooth card stock.

Using your paper cutter or cutting board and trim knife, trim along the crop lines.

Finished cards should be 2" H x 3.5" W.



The International Center for Compassionate Organizations www.compassionorg.net REV 2014-09-04

# Compassionate Organizations

- 1. Pause Check to see if and how you're affected (infected).
- 2. Presentation See those expressing negative emotions in terms of "presenting" with symptoms.
- 3. Power issue Negative emotions come from an experience of loss of power. Identify the power issue.
- Power swap Support replacing unhealthy displays of power with healthy power.
- 5. Power infusion Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

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