

Five Ps Reference Cards

Trim Instructions

For best results, print on 110 lb or similar smooth card stock.

Using your paper cutter or cutting board and trim knife, trim along the crop lines.

Finished cards should be 2" H x 3.5" W.

Please recycle your waste.



The International Center for Compassionate Organizations
www.compassionorg.net
 REV 2014-09-04

The FIVE Ps



THE INTERNATIONAL CENTER FOR
Compassionate Organizations

1. **Pause** — Check to see if and how you're affected (infected).
2. **Presentation** — See those expressing negative emotions in terms of "presenting" with symptoms.
3. **Power issue** — Negative emotions come from an experience of loss of power. Identify the power issue.
4. **Power swap** — Support replacing unhealthy displays of power with healthy power.
5. **Power infusion** — Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

The information on this card is copyrighted © 2014 and may be reproduced at no charge under the Creative Commons provisions as described on the following web page:
www.compassionorg.net/pgs/5Ps-card.html
 29 AUG 2014

The information on this card is copyrighted © 2014 and may be reproduced at no charge under the Creative Commons provisions as described on the following web page:
www.compassionorg.net/pgs/5Ps-card.html
 29 AUG 2014

1. **Pause** — Check to see if and how you're affected (infected).
2. **Presentation** — See those expressing negative emotions in terms of "presenting" with symptoms.
3. **Power issue** — Negative emotions come from an experience of loss of power. Identify the power issue.
4. **Power swap** — Support replacing unhealthy displays of power with healthy power.
5. **Power infusion** — Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

THE INTERNATIONAL CENTER FOR
Compassionate Organizations



The FIVE Ps



THE INTERNATIONAL CENTER FOR
Compassionate Organizations

1. **Pause** — Check to see if and how you're affected (infected).
2. **Presentation** — See those expressing negative emotions in terms of "presenting" with symptoms.
3. **Power issue** — Negative emotions come from an experience of loss of power. Identify the power issue.
4. **Power swap** — Support replacing unhealthy displays of power with healthy power.
5. **Power infusion** — Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

The information on this card is copyrighted © 2014 and may be reproduced at no charge under the Creative Commons provisions as described on the following web page:
www.compassionorg.net/pgs/5Ps-card.html
 29 AUG 2014

The information on this card is copyrighted © 2014 and may be reproduced at no charge under the Creative Commons provisions as described on the following web page:
www.compassionorg.net/pgs/5Ps-card.html
 29 AUG 2014

1. **Pause** — Check to see if and how you're affected (infected).
2. **Presentation** — See those expressing negative emotions in terms of "presenting" with symptoms.
3. **Power issue** — Negative emotions come from an experience of loss of power. Identify the power issue.
4. **Power swap** — Support replacing unhealthy displays of power with healthy power.
5. **Power infusion** — Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

THE INTERNATIONAL CENTER FOR
Compassionate Organizations



The FIVE Ps



THE INTERNATIONAL CENTER FOR
Compassionate Organizations

1. **Pause** — Check to see if and how you're affected (infected).
2. **Presentation** — See those expressing negative emotions in terms of "presenting" with symptoms.
3. **Power issue** — Negative emotions come from an experience of loss of power. Identify the power issue.
4. **Power swap** — Support replacing unhealthy displays of power with healthy power.
5. **Power infusion** — Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

The information on this card is copyrighted © 2014 and may be reproduced at no charge under the Creative Commons provisions as described on the following web page:
www.compassionorg.net/pgs/5Ps-card.html
 29 AUG 2014

The information on this card is copyrighted © 2014 and may be reproduced at no charge under the Creative Commons provisions as described on the following web page:
www.compassionorg.net/pgs/5Ps-card.html
 29 AUG 2014

1. **Pause** — Check to see if and how you're affected (infected).
2. **Presentation** — See those expressing negative emotions in terms of "presenting" with symptoms.
3. **Power issue** — Negative emotions come from an experience of loss of power. Identify the power issue.
4. **Power swap** — Support replacing unhealthy displays of power with healthy power.
5. **Power infusion** — Support others in creating an experience of healthy power (by listening, caring, modeling, etc.).

THE INTERNATIONAL CENTER FOR
Compassionate Organizations



The FIVE Ps

The FIVE Ps

The FIVE Ps